

FollowMe[™] Health

Monthly Premiums for Residents of Nova Scotia

Age Group	Basic Plan	Enhanced Plan (Without Dental)	Enhanced Plan (With Dental)	Premiere Plan
Individual				
18 to 44	\$ 69.80	\$ 92.90	\$118.20	\$151.10
45 to 54	\$ 81.00	\$109.80	\$135.70	\$178.50
55 to 59	\$ 89.80	\$115.90	\$143.70	\$190.70
60 to 64	\$ 95.10	\$126.10	\$150.70	\$199.30
65 to 69	\$ 71.90	\$ 99.80	\$119.40	\$156.10
70 to 79	\$ 81.40	\$119.20	\$137.80	\$175.60
80 to 89	\$ 94.50	\$150.20	\$165.60	\$213.50
90+	\$134.80	\$216.80	\$225.70	\$274.50
Couple (per person)				
18 to 44	\$ 63.10	\$ 85.90	\$111.20	\$143.50
45 to 54	\$ 74.30	\$102.60	\$128.30	\$171.00
55 to 59	\$ 82.70	\$108.90	\$136.70	\$183.20
60 to 64	\$ 88.30	\$118.90	\$143.50	\$191.90
65 to 69	\$ 65.10	\$ 93.10	\$112.60	\$149.40
70 to 79	\$ 74.90	\$112.50	\$130.90	\$168.70
80 to 89	\$ 88.00	\$143.50	\$159.10	\$206.30
90+	\$127.90	\$210.00	\$218.90	\$267.30
Child (per child, for families with 1 or 2 children)				
0 to 10	\$ 41.80	\$ 57.60	\$ 69.00	\$ 80.50
11 to 20	\$ 21.40	\$ 27.70	\$ 53.60	\$ 78.90
Child (per child, for families with 3 or more children)				
0 to 10	\$ 37.60	\$ 51.90	\$ 62.30	\$ 72.70
11 to 20	\$ 19.20	\$ 24.90	\$ 48.40	\$ 70.90

Premiums for couples and children are per each individual. Premiums are based on an individual's age at the time of application. Premiums will change as an individual's age increases in accordance with published age groups. Premiums are effective January 1, 2014, and subject to change without notice.



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